



**ONE HORIZON**

broaden your horizon  
and brighten theirs

**From me to we**

**2 days**

**Inspiring and uplifting**

**It's not about building school rooms and painting fences. It's about visiting and connecting.**

One Horizon is a humanitarian organisation that conducts unique tours. Its itineraries have a community focus that enables you to give back to the people of this amazing country. You will never be the same again after experiencing One Horizon's incredible Kenyan tour package.



**ONE HORIZON**

[www.onehorizon.net](http://www.onehorizon.net)

[enquiry@onehorizon.net](mailto:enquiry@onehorizon.net)

PO Box 61120-00200, City Square Nairobi, Kenya

# 1st day

You will visit Kawangware  
One Horizon's refuge centre  
for children in Nairobi

- ❖ At 9.00 am meet your One Horizon guides and receive a briefing at your hotel. Today's outing will be at a Community Refuge Centre for 75 children in the heart of Kawangware, which is one of the most economically deprived communities in Nairobi. You can take part in the activities that are turning children's lives around, helping to feed the children and guided every step of the way by One Horizon staff.
- ❖ At 4.00 pm day One concludes with One Horizon returning you to your hotel before a 7pm pick up to a Nairobi restaurant for a welcoming team dinner hosted by One Horizon. You will be returned to your hotel by 9pm for a good night's sleep in preparation for tomorrow's adventure.



## DAY 1 INCLUSIONS

- ❖ All transfers to and from One Horizon's centres in air conditioned vehicles
- ❖ A full day of organised low impact activities
- ❖ Breakfast, lunch and dinner
- ❖ Unlimited bottled water/coffee
- ❖ A team dinner hosted at a Nairobi restaurant
- ❖ Overnight accommodation at the Sarova Panafric Hotel in Nairobi (subject to availability) or equivalent
- ❖ One Horizon team members with you every step of the way

# 2<sup>nd</sup> day

You will visit One Horizon's centre 'Living Positive' an amazing community of women in Ngong Hills

- ❖ At 9.00 am meet your One Horizon guides and receive a briefing at your hotel before travelling to Ngong Hills on the outskirts of Nairobi. You will see the small business initiatives turning the lives of women around as well as hearing about their amazing survival stories.
- ❖ At 4.00 pm will have you returning to your hotel and an evening of leisure.
- ❖ At 5.00 pm (Optional) A trip to the David Sheldrick Rescue Centre for orphaned elephants. You can meet the baby elephants up close and spend time with them. The fee of \$20USD is given to the rescue centre to help cover the cost of their intensive care and rehabilitation back to the wild.

THE ITINERARY CONCLUDES AT THE END OF DAY 2



## DAY 2 INCLUSIONS

- ❖ Breakfast and lunch
- ❖ A full day of organised low impact activities at One Horizon's centres
- ❖ An en-route tour to the Maasai Markets centres along Ngong Road
- ❖ Overnight accommodation at the Sarova Panafric Hotel in Nairobi (subject to availability) or equivalent

## Not Included

- ❖ Dinner
- ❖ Optional tour of the David Sheldrick Rescue Centre for elephants



## An Incredible Experience

One Horizon is not a tour operator nor are its community's tourist attractions. You will see aspects of life that other travellers rarely get to see and in locations inaccessible to others. And your contributions and the programs they fund make a real difference to helping people break the poverty cycle. We couldn't feed children, provide fresh water, medicines and retrain people without your help. We don't ask you to build things or to have trade skills. But we do ask you to bring and apply your life and communication skills. As we always say, "It's not about building school rooms and painting fences'. It's about visiting and connecting". Our communities are uplifted by the fact that other people care. So come and see for yourself how your support is changing the lives of the women and children in our communities.

### What you can become involved in

- ❖ Organising and recording health checks for students
- ❖ Helping us with our feeding program - helping us preparing lunch
- ❖ Helping our teachers in the classroom
- ❖ Organising our painting classes with the children
- ❖ Physical education and exercises
- ❖ Face painting
- ❖ Taking the children on outings

### Why we do this

- ❖ We track pupil health
- ❖ The children are under weight and malnourished
- ❖ To provide new learning experiences
- ❖ Helping kids become kids again
- ❖ To improve the overall health of children
- ❖ A great way to meet the children
- ❖ To broaden their perspective



## ONE HORIZON

broaden your horizon  
and brighten theirs

When you travel with One Horizon you'll visit the Kenya few tourists see and connect with the Kenyans few tourists meet ...

**immersing** yourself in the lives of impoverished, yet inspiring women  
**engaging** with Kenya's most vulnerable, yet happy children  
**helping** them see a brighter future on their horizon  
**changing** their lives from poverty to independence



### **Sustainable tourism with One Horizon**

One Horizon has established a range of humanitarian programs that create positive, healthy and sustainable futures for impoverished Kenyan women and children. Our travel experiences are intimate safaris to the heart of Africa – its incredible people – as we take you to communities around Nairobi to engage with the Kenyans our programs are helping.

### **Your travel experience helps fund our humanitarian programs**

We launched our sustainable tourism travel arm to raise revenue so we can take our programs to more communities and change more lives. Our travel itineraries can include a wildlife safari, but it's our humanitarian journeys that will touch your heart, stay with you forever - and, change Kenyan lives forever.

### **Join a global community that's travelling to eradicate poverty**

As you interact with the children and women our programs are helping, you'll come to realise that global poverty can be solved – it's not insurmountable and you're playing your role in forging change through our sustainable tourism travel experiences.

### **Safari is Swahili for 'journey' ...**

A One Horizon safari is a journey that spans emotions - you'll always experience fun and laughter, song and dance, inspiration and admiration ... sometimes you may shed a quiet tear but you'll leave us with everlasting memories - and, hope that one day all people will share one bright horizon.

### **Connecting with 'grass roots' Kenya, reconnecting with you ...**

The ways you can interact with the people you'll meet are as endless as the Kenyan horizon, but a One Horizon safari is also about connecting with your family, friends, colleagues, team mates or that one special person in your life ... sharing experiences and forging lifelong bonds with them. It's also a personal journey that touches different people in different ways as your safari to the heart of Kenya also becomes a 'journey within'.



# ONE HORIZON

broaden your horizon  
and brighten theirs

One Horizon offers a wide range of itineraries, including day trips and longer humanitarian experiences, some with wildlife adventures.

Or, we can work with you to customise the ultimate Kenya experience that you envisage on your horizon ... we are well connected in Kenya and specialise in creating bespoke experiences for individuals, couples, families, businesses and sports teams as well as community and professional groups.

For bookings and enquiries  
[enquiry@onehorizon.net](mailto:enquiry@onehorizon.net)

**[www.onehorizon.net](http://www.onehorizon.net)**

***Please note the following items are not included in the cost***

*International flights & airport taxes, visa fees, portorage's, tipping and gratuities to staff and guides  
Drinks, laundry, telephones and other personal extras, any sightseeing not mentioned on the program*