



ONE HORIZON

broaden your horizon
and brighten theirs

The Amazing Women of Kenya



An incredible day visiting and connecting with a group of amazing women and their journey in turning their lives around. These women who are undertaking a life style and vocational training program have had to overcome domestic violence, discrimination and prejudice. And their journey will both astonish and inspire you as you join them in their peer support program. Your life skills are what you bring to the table.



Please note: You can customize and/or tailor this itinerary to suit your travel agenda. You can place this one day event at the beginning, middle or end of your other activities.

You can even include all our one day tours as a 3-5 day customized tour.

- ❖ In many countries equality and fairness is not extended to all people. And women, the aged and children are often the most marginalized groups in society. But a group of women are showing how they are bringing themselves back from the brink of personal disaster and tragedy. It is a work in progress and your presence is part of the process. Peer support is an invaluable part of the renewal process and you become part of their journey.
- ❖ You will be able to sit down with the women over a coffee, hear their stories and understand their societies and the place of women in them. Their strength in combating discrimination and how they are facing the world will astonish you. And they are on the road to supporting their children and families in a way which was previously out of their reach via new skills, knowledge and attitudes. And their small business initiatives in such things as mosquito nets, sanitary pads, candle making and second hand clothing production will have you in awe of their efforts. And finally a brief visit to their humble abodes will put the day in perspective. Amazing people and incredible spirit. Your support is vital to their success.



HIGHLIGHTS

Visiting and connecting with an incredible group of women who are fighting their way back from the brink of personal disaster to forge a new and brighter future for themselves and their families. The day will move and inspire you.



A Day of Giving Back

In Kenya as in many places in Africa, there are no such thing as old age pensions and social security safety nets for people who cannot work. And for aged people with the responsibility of looking after their grandchildren, life can be a great burden. Often unwell due to a lack of food and the stress of seeing their young grandchildren hungry, the long term impact is often debilitating. That's why the establishment of small scale pig farms for each of the grandmas can turn their lives around. Pigs are not only a source of protein but income as well. Pigs breed quickly which means that a sustainable income can be gained by the sale of piglets from which other essential foods can be purchased. And a small business is born for each grandmas as entrepreneurs.

This 1-day program enables participants to give back. This is not about charity. It's your chance to be part of helping grandmas to a healthy and a brighter future. It's a chance to be part of it. You will see aspects of life that other travellers rarely get to see and in locations inaccessible to others. And your contributions make a real difference to helping grandmas become small business owners. No more hungry days and hungry grandchildren.

What you can become involved in

- ❖ Helping prepare and serve lunch for an aged community in our field kitchen in Kikuyu Town on the outskirts of Nairobi
- ❖ Sitting down with the grandmas to hear about their life and the challenges they overcome to feed their grandchildren
- ❖ To visit the grandma's homes in local villages and to see the emergence of these aged entrepreneur's

Why we do this

- ❖ Until the grandmas have a sustainable small business in chicken and pig raising they need nutritional support. That's why we run a field kitchen weekly.
- ❖ Imagine witnessing that story in real life. Hearing about it first- hand from those living it. Having the chance to ask questions and to see the reality of life.
- ❖ Small chicken and pig farms at the grandma's homes have been rated by the United Nations as the most successful small business for third world countries.



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When you travel with One Horizon you'll visit the Kenya few tourists see and connect with the Kenyans few tourists meet ...

immersing yourself in the lives of impoverished, yet inspiring women
engaging with Kenya's most vulnerable, yet happy children
helping them see a brighter future on their horizon
changing their lives from poverty to independence

Sustainable tourism with One Horizon

One Horizon has established a range of humanitarian programs that create positive, healthy and sustainable futures for impoverished Kenyan women and children. Our travel experiences are intimate safaris to the heart of Africa – its incredible people – as we take you to communities around Nairobi to engage with the Kenyans our programs are helping.

Your travel experience helps fund our humanitarian programs

We launched our sustainable tourism travel arm to raise revenue so we can take our programs to more communities and change more lives. Our travel itineraries can include a wildlife safari, but it's our humanitarian journeys that will touch your heart, stay with you forever - and, change Kenyan lives forever.

Join a global community that's travelling to eradicate poverty

As you interact with the children and women our programs are helping, you'll come to realise that global poverty can be solved – it's not insurmountable and you're playing your role in forging change through our sustainable tourism travel experiences.

Safari is Swahili for 'journey' ...

A One Horizon safari is a journey that spans emotions - you'll always experience fun and laughter, song and dance, inspiration and admiration ... sometimes you may shed a quiet tear but you'll leave us with everlasting memories - and, hope that one day all people will share one bright horizon.

Connecting with 'grass roots' Kenya, reconnecting with you ...

The ways you can interact with the people you'll meet are as endless as the Kenyan horizon, but a One Horizon safari is also about connecting with your family, friends, colleagues, team mates or that one special person in your life ... sharing experiences and forging lifelong bonds with them. It's also a personal journey that touches different people in different ways as your safari to the heart of Kenya also becomes a 'journey within'.



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One Horizon offers a wide range of itineraries, including day trips and longer humanitarian experiences, some with wildlife adventures.

Or, we can work with you to customise the ultimate Kenya experience that you envisage on your horizon ... we are well connected in Kenya and specialise in creating bespoke experiences for individuals, couples, families, businesses and sports teams as well as community and professional groups.

For bookings and enquiries
enquiry@onehorizon.net

www.onehorizon.net

Please note the following items are not included in the cost

*International flights & airport taxes, visa fees, porterage's, tipping and gratuities to staff and guides
Drinks, laundry, telephones and other personal extras, any sightseeing not mentioned on the program*